

# Keepsake Doula Service

“I, me, etc...” refers to the mother and her partner, if applicable. “ she, her, etc.” refers to the Doula.

## **Services Provided**

It is agreed that my doula will:

- Provide two pre-natal visits and two post-partum visits (more if needed).
- Provide assistance throughout labor, birth and one to two hours postpartum until breastfeeding (if applicable) is established and my family is ready for quiet time together.
- Provide emotional and physical support for myself and my partner, if applicable.
- Be on call prior to my due date and ending with the birth of my baby, meaning that my doula will be reached by pager 24 hours a day two weeks before due date. And will be available to me in about one hour's notice.
- Arrange for her back-up doula in the rare case that unforeseen circumstances arise making her unavailable.
- Provide birth plan information and consultation.
- Provide relevant resources and referrals to me upon request.
- Upon request, take photographs with my camera during labor, birth and recovery, if time and circumstances permit.
- Answer questions and make suggestions over the phone at any time.
- Provide early labor support as needed.
- Utilize non-medical support techniques for labor and birth.
- Assist in providing information and supplying emotional support on postpartum care, breastfeeding, and newborn care after the birth.

## **Client Obligations**

### **Limitations of Service**

The following limitations apply to the service offered by Keepsake Doula Services

- **The doula does not perform clinical tasks**, such as blood pressure, fetal heart checks, vaginal exams, etc.
- **The doula in no way holds herself to be a medically trained person nor is that person holding out to any form of expertise as to medical procedures.**
- **The doula does not speak to the medical staff on my behalf.** She will discuss my concerns with me and suggest options, but I will speak on my own behalf.
- **The doula does not make decisions for me.**
- **The Keepsake Doula Service in no way guarantees the medical outcome of the birth of my child.**
- If in case of rapid birth or medical emergency, it may be impossible for The Keepsake Doula Service to provide these services.

### **Failure to Provide Service**

If your doula terminates service or fails to have a doula in attendance at your birth, I will return all paid fees and waive all outstanding fees.

If your doula fails to attend because of unforeseen circumstances (out of her control) such as rapid labor, medical emergency, or your failure to call her, The Keepsake Doula Service will keep the retainer fee, and all outstanding fees will be waived.

### **Fees**

The base fee for the doula service described here is \_\_\_\_\_.

The retainer fee will be \_\_\_\_\_ (1/3 of base fee).

The traveling fee is \$25.00 more if traveling more than 30 minutes from my home.

A false alarm fee of \$35.00 may be applied if I call my doula to attend me in labor and it turns out that I am not actually in labor.

In the event of a long labor lasting longer than 18 hours my doula reserves the right to call in a back-up.

**PAYMENT**

A retainer fee of one third the total base fee is due at the first prenatal visit, or seven days from the signing of this contract, whichever comes first.

**All outstanding fees will be due at 34 weeks gestation or at a time agreed to by the Doula and her client in writing.**

**Agreement**

I, \_\_\_\_\_ (mother) have read the terms and conditions of this contract and agree to comply with it in full.

I, \_\_\_\_\_ (partner) have read the terms and conditions of this contract and agree to comply with it in full.

I, \_\_\_\_\_ (doula) have read the terms and conditions of this contract and agree to comply with it in full.

\_\_\_\_\_  
Mother's Signature

\_\_\_\_\_  
Partner's signature

\_\_\_\_\_  
Doula's Signature

\_\_\_\_\_ Date of Signing